



2026

Annual Report



Vision & Mission

Our Vision

**let's Make World
A Better Place**

Our Mission

**To empower marginalized communities in
a manner that they are able to secure
their Human & Constitutional Rights and
lead a life of dignity**



From Director's Desk

Seema Prakash
Founder - Director

The year 2026 was anecdotal in the sense that we could inch closer to realization of our Mission. Most of the ongoing programs were on track and fulfilled their purpose.

It was an encouragement that the community participated in various programs like women participation and leadership in local self-government and facilitation to implement various provisions of PESA Act (Panchayat Extension in Scheduled Areas Act). The program is trying to assist eligible families access food and employment and social security schemes.

The child health program emphasized tackling the dual issues of anemia and childhood stunting. The program operated in 120 villages across two neighboring districts.

gained community and working according to local needs. Another anecdote was the engagement of young tribal girls seeking gainful employment.

The urban project focussed on town planning in Indore and Satna cities and also facilitated deliberatio with policy planners

The project team gelled well and had the project goals in sight. The organization provided ample opportunities to learn and develop whether it be right perspective or needed skills to perform well.

I am grateful to all our donors and resource persons and agencies for their contributions. Now our organization has expanded its operations to Pan India and we could implement a program in another state.

INTERVENTIONS FOR CHANGE

Child Health Program

Named Konku-Puchiku meaning little cuddly kids in native Korku language is one of the oldest programs that began as a response to a large number of U5 Korku children succumbing to malnutrition. It was a widespread problem and 60% U5 children faced the threat to their survival. The brainstorming and gained insights into the problem led to implementation of community-based malnutrition management (CBMM) program. The crux of the program was a belief that most of the malnourished children can recover in a non-facility based community care. The mothers were trained in childcare, diet diversity and need for micronutrients and immunization and health checks of women in their reproductive age.

The project played a vital role in ensuring revival of Millet and Cultural crops. The Millet seed banks were set up and farmers were oriented to recall and use the traditional techniques. The anthropometric measures were used and the frontline workers regularly carried out the follow up home visits with family counselling and helping the severely malnourished kids reach the Nutrition Rehab centres. An anecdote of the program was backyard Nutrition Gardens. Over the years hundreds of families have resorted to grow and consume a variety of vegetables and diversify their diets. The Health Camps were held and 144 camps reached out 5000+ men, women and children.

Behaviour Change Communication was another essential component of the program. Apart from regular mothers' meetings two special events were celebrated each year: National Nutrition Month and World Breastfeeding Week. Using variety of educational and audio-visual materials the key motivational messages were passed across.

The entire program outreached and assisted 969 U5 children climb out of malnutrition and 3901 pregnant and 4687 Lactating mothers received ante natal & post natal care respectively.

Democracy at the Grassroots

**Tribal Self-Rule and
Women's Participation**

Implemented across 24 villages of 15 Panchayats the project is an attempt to reinforce tribal self-rule. The aim of the project is to enable tribal women to engage meaningfully in PESA Gram Sabha. The Government has declared the project area as Fifth Scheduled Area and thus provisions of Panchayat Extension in Scheduled Areas apply here. The project is aiming to let the marginalized families access food & nutrition, employment and social security schemes.

It is also striving to develop neighborhood land and water resources. The women collectives called Stree Shakti Samuh have been formed and are being trained and oriented regularly. They learned PRA techniques and engaged in micro planning and could present a plan for endorsement in Panchayats. It's a new initiative and we are learning experientially. The natural leader or facilitator of these women collectives have been named Sengo Didi.

TRAINING & CAPACITY BUILDING

A range of training were organized for various persons and agencies associated with the successful implementation of the project. It included :

- Training of women collectives on PRA techniques
- Training of Panchayat officials and volunteers
- Training of Anganwadi workers, ASHA, ANM
- Orientation of Traditional Healers and Quacks
- Staff orientations on concurrent issues – Housing , Urban Planning, Societal Analysis
- Training of tribal families on use and up keep of Smokeless stoves
- Training of Pashu Sakhi on comprehensive goat care.
- Exposure/ visit of staff

Impact

Key Outcomes & Achievements

1

Women Empowerment

Significant empowerment of tribal women through collectives and leadership roles.



2

PESA Awareness

Greater understanding on PESA Act among community members and Panchayat officials.



3

Land & Water Conservation

Increased commitment to restore land and water resources; 1000 days voluntary labor.



4

Health Outcomes

Smokeless stoves prevented morbidity; reduction in severity of malnutrition.













